A Guide for Group Discussions



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### Introduction

As an important partner in the Manor Transition Initiative, we need your help! We are seeking your perspectives and ideas on how we can make the Manor Transition Initiative an amazing opportunity for Elmwood to bring our Vision, Mission and Guiding Principles to life within the organization.

Our *Vision* is for people living with intellectual disabilities to be empowered to lead full and meaningful lives.

Our *Mission* is to provide individualized care and support that nurtures growth, well-being and belonging for people living with intellectual disabilities.

#### **Guiding Principles:**

- Resident First
- Teamwork
- Respect and Dignity
- Relationships and Partnerships
- Community Inclusion
- Continuous Reflection and Growth
- Communication and Openness
- Innovation and Creativity
- Integrity and Accountability
- Advocacy

### **Overview of the Initiative**

The Manor Transition Initiative will see Kinsmen Manor close as a home for adults with intellectual disabilities. As an alternative to Kinsmen Manor's model of congregate care, Elmwood will develop Community Homes in neighborhoods across Saskatoon. These homes will be designed around the specific needs of each resident. Elmwood will continue to provide 24/7 supports to individuals in these smaller, more personalized homes. Health and recreational supports will be transitioned to a community-based model to meet the needs of all Elmwood residents. Elmwood will take a Resident First Approach in the planning and development of these new supports and services, which will focus on supporting residents to age in place, the importance of relationships, and continuity of care.

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### Why Transition Now?

Elmwood is committed to championing this change for many reasons. For our organization - and for the residents we serve - it is important to recognize, acknowledge and understand that there are significant challenges with Kinsmen Manor in its current form.

#### **Best Practice and Resident Data Analysis**

Best practice for residential service delivery is currently no more than four (4) individuals residing in each home.

Elmwood has completed its own Resident Data Analysis which highlights the ability for the individuals to be meaningfully supported in Community Homes.

#### **Resident Age and Attrition**

The total number of residents served at Kinsmen Manor is reducing through attrition. Elmwood's Kinsmen Manor has a permanent closure on admissions and the current number of residents residing at Kinsmen Manor is 30 and the average age of residents at Kinsmen Manor is 66.

#### **Person-Centred Supports**

Large scale environments like Kinsmen Manor can cause complexities for choice and independence of a resident. Community based group home placements provide improved staffing ratios, which facilitate individualized support to meet residents' needs.

#### **Infection Control**

As demonstrated throughout the Covid pandemic, infection control in a larger setting is more challenging and can have very serious outcomes for residents and team members alike.

#### **Infrastructure Challenges**

Kinsmen Manor was constructed in 1969. The Manor's infrastructure is slowly failing, and becoming too challenging to maintain. This aging infrastructure was not designed around individuals with higher physical support needs, and doesn't lend well to the use of lifts, wheelchairs, hospital beds, and other accessibility equipment and modifications.

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### **Manor Transition Conversation Kit**

As part of this evolution, we are committed to engaging YOU – our residents, families, team members and partners! This means that Elmwood is committed to ensuring open, transparent, and two-way communication. This is why we need your feedback, guidance, and support to help make this initiative even better for today's residents, and for the residents of tomorrow.

What are the strengths of the services Elmwood provides to your loved one? What are some things that should be preserved or re-imagined?

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When you think about Kinsmen Manor as it is today, what could we do differently to better serve residents?

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What do you want it to feel like when you enter a new Community Home? What does it look like? What would make the new Community Homes an inviting place for you?

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Do you have ideas about ways the new Community Homes can honor Elmwood's founding families and community partners?

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What is uniquely "Elmwood" that should be captured in the new Community Homes?

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How would you like to be involved throughout the Transition Process? How would you like to receive communication about this initiative moving forward? Please provide contact information.

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What additional information can I provide you with? What questions do you have for us?

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### Next Steps:

Thank you for your engagement and feedback. This information will be compiled, communicated with you and used to make this initiative even better – many minds are better than one.

Please submit the completed Conversation Kit electronically to info@elmres.ca or via mail at:

Elmwood Residences Inc. Attn: Conversation Kit 2012 Arlington Avenue Saskatoon, Saskatchewan S7J 2H5

Should you have further questions or wish to discuss further, please email us at <u>info@elmres.ca</u> or contact us directly at 306-374-5151.

